A A A A A A A A A A A A A A	▲ M Safety ■ K.3.4.A.2 Recognize safe and unsafe characteristics of performing common exercises (e.g., curl-ups, neck rotations, back bends or bridges, knee bends)	K.3.4.A.3 ➡ K.3.2.A.3 Identify the reasons for appropriate clothing and footwear for participation in physical activity (e.g., change of clothing for safety, support, comfort, and freedom of movement; removal of jewellery for physical activities; personal hygiene)	A → M → M → M → M → Safety → K.3.4.A.4 → K.3.2.A.4 Show an understanding of general and specific safety guidelines and behaviours (e.g., change-room routines, appropriate permitted heights on climbing frame, carrying heavy equipment such as benches, size of equipment) that are appropriate for own age and ability
K A	K A	K A	K A

A Safety A K.3.4.A.5a → K.3.2.A.5a Identify t basic safety rules for selected physica activity settings (e.g., school field trips,Terry Fox walk/run, skating activity pow wows, winter festivals)	I rules, hazards, as wearing floatation	nd practices (e.g., n devices, importance of s, recognizing safety an emergency)prev in th and boatsc activities (e.g.,	A.3.4.B.1 Identify responsibilities for vention, protection, and persuasion he areas of fire safety, bus ridership, road and vehicle safety (e.g., autos, ts, snowmobiles, farm equipment)	4 K.3.4.B.3 Identify common (e.g., cuts, bruises, scrapes, bu fractures, insect bites and stim frostbite) in everyday livin to help (e.g., seek adult help, locate first-aid kit, avoid cont body fluids of others)	urns, bumps, gs, ng, and ways get ice,
KA	K	AK	K B	K	B

A A A A A A A A A A A A A A	A Safety S.3.4.A.1 Follow set rules and routines for safe participation and use of equipment in selected specific physical activities (e.g., fair play rules, change room routines, equipment distribution, sharing space)	A A Safety Safety Safety Safety Safety Safety S.3.4.A.2 Demonstrate practices to assist an injured person (i.e., get help, explain what you saw, avoid contact with body fluids of others, do not try to move the injured person)	A A Safety
K B	S A	S A	