K.3.3.A.1 Show an understanding of risk factors and safe practices associated with selected physical activities, including lead-up-type territorial/invasion-type games (e.g., no body contact inn lead-up games such as soccer, no slapshots or high-sticking in floor hockey)	K.3.3.A.2 Recognize appropriate body alignment during specific activities (e.g., lifting, carrying, pushing, pulling)	K.3.3.A.3 → K.3.2.A.3 Identify the reasons for appropriate clothing and footwear for participation in physical activity (e.g., change of clothing for safety, support, comfort, and freedom of movement; removal of jewellery for physical activities; personal hygiene)	3
K A	K A	K A	K A

K.3.3.A.5a K.3.2.A.5a Identify the basic safety rules for selected physical activity settings (e.g., school field trips, Terry Fox walk/run, skating activity, pow wows, winter festivals)	3	K.3.3.B.1 Identify general safety procedures related to safety in the community (i.e., fire drills, stop/drop/roll, bus loading and evacuating, crosswalk procedures, wearing seatbelts, railway	K.3.3.B.4 Recognize roles of individuals in school and community who provide safety services (e.g., school staff, cross-walk patrols, police, block parents, firefighters, doctors, nurses,
KA	workings) K	crossings, train tracks, firearms, wearing floatation devices) K B	elders, ski patrols, snowmobile patrols, forest rangers, coast guards)

K.3.3.B.5a Identify examples of real violence (e.g., schoolyard fights, shaking baby, bullying) and fictional violence (e.g., cartoons, movies, T.V. wrestling, video games), and their influence on well-being	3	K.3.3.B.6a Identify ways to avoid dangerous and/or inappropriate situations for self and/or others in a variety of contexts (e.g., unwanted touching of the private parts, sex-related Internet sites and exploitative advertisements)	S.3.3.A.1 S.3.K.A.1 Follow simple rules and routines for safe, active participation and use of equipment (e.g., follow instructions, stop on signal, cooperate with others, care for and share equipment, tag lightly) in selected activities
K B	K B	K B	S A

3 Annual Safety	3 N	3 A	3 A Safety
□ S.3.3.A.2 S.3.4.A.2 Demonstrate practices to assist an injured person (i.e., get help, explain what you saw, avoid contact with body fluids of others, do not try to move the injured person)			
S A			