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<p><input type="checkbox"/> K.3.2.A.1 Recognize the importance of practising safe behaviours (e.g., following directions, performing within own limits, understanding safety rules for using large equipment...) alone and/or with others</p>	<p><input type="checkbox"/> K.3.2.A.2 Recognize safe range of motion of joints (e.g., neck rotations, knee bends...) in common exercises</p>	<p><input type="checkbox"/> K.3.2.A.3 Identify the reasons for appropriate clothing and footwear for participation in physical activity (e.g., change of clothing for safety, support, comfort, and freedom of movement; removal of jewellery for physical activities; personal hygiene...)</p>	<p><input type="checkbox"/> K.3.2.A.4 Show an understanding of general and specific safety guidelines and behaviours (e.g., change-room routines, appropriate permitted heights on climbing frame, carrying heavy equipment such as benches, size of equipment...) that are appropriate for own age and ability</p>
<p>K A</p>	<p>K A</p>	<p>K A</p>	<p>K A</p>

<p>2</p>  <p>Safety</p>	<p>2</p>  <p>Safety</p>	<p>2</p>  <p>Safety</p>	<p>2</p>  <p>Safety</p>
<p><input type="checkbox"/> K.3.2.A.5a Identify the basic safety rules for selected physical activity settings (e.g., school field trips, Terry Fox walk/run, skating activity, pow wows, winter festivals...)</p>	<p><input type="checkbox"/> K.3.2.A.5b Identify safety rules, signals, and practices to follow when riding a bicycle (e.g., obeying traffic signs, right/left/stop signals, helmet use, mechanical workings...)</p>	<p><input type="checkbox"/> K.3.2.B.1 Identify safety rules to be followed related to the home, school, and community (i.e., road, vehicles such as tractors and boats, bus ridership, electricity, weather, seasons, stairs/balconies, tools, Internet use)</p>	<p><input type="checkbox"/> K.3.2.B.2 Identify ways to avoid potentially dangerous situations related to water (e.g., floods, bathtubs, ice conditions, big waves, lightning...) and unsupervised situations (e.g., waterfront...) for self and/or others</p>
<p>K A</p>	<p>K A</p>	<p>K B</p>	<p>K B</p>

<p>2</p>  <p>Safety</p>	<p>2</p>  <p>Safety</p>	<p>2</p>  <p>Safety</p>	<p>2</p>  <p>Safety</p>
<p><input type="checkbox"/> K.3.2.B.3 Identify practices to assist an injured person (i.e., get help, explain what you saw, avoid contact with body fluids of others, do not try to move the injured person)</p>	<p><input type="checkbox"/> K.3.2.B.4 ➡ K.3.1.B.4 Recognize community helpers (e.g., safe adult, police officer, bus driver, teacher, block parent, babysitter...) and how to seek help (e.g., know emergency telephone numbers, ask a safe adult or teenager for help, use a telephone, dial emergency telephone number, report what happened...)</p>	<p><input type="checkbox"/> S.3.2.A.1 ➡ S.3.K.A.1 Follow simple rules and routines for safe, active participation and use of equipment (e.g., follow instructions, stop on signal, cooperate with others, care for and share equipment, tag lightly...) in selected activities</p>	<p><input type="checkbox"/> S.3.2.A.2 ➡ S.3.4.A.2 Demonstrate practices to assist an injured person (i.e., get help, explain what you saw, avoid contact with body fluids of others, do not try to move the injured person)</p>
<p>K B</p>	<p>K B</p>	<p>S A</p>	<p>S A</p>