K Movement	K Movement	K Movement	K Movement
❏ K.1.K.A.1 **Develop a movement vocabulary** (e.g., running, hopping, jumping, overhand throwing, ctching, balancing, underhand throwing…) **by responding to verbal and visual cues with the corresponding body movements.**	❏ K.1.K.B.1 **Discuss movement skills development as requiring good practice and patience in learning** (e.g., to make and correct mistakes is part of the learning process; try, try again…)	❏ K.1.K.B.2 ✳ K.1.1.B.2 **Show an understanding that balance is affected by the amount of force** (i.e., speed, weight) **and body position** (i.e., bent knees, feet apart in direction of movement, arms spread) **in stopping and landing activities** (e.g., stops and starts, jumping from low heights, movement exploration...)	❏ K.1.K.B.3a **Recognize the terms "personal space"** (i.e., space around own body) **and "general space"** (i.e., space available to move in) **associated with space awareness**
K **A**	**K** **B**	**K** **B**	**K** **B**

K	K	K	K
❏ K.1.K.B.3b **Recognize names of body parts** (i.e., head, neck, shoulders, arms, hands, elbows, wrists, legs, knees, ankles, feet, chest, waist, hips, back) **when following instructins for physical activity** (e.g., bend your knees, hands on hips, balance on one foot…)	❏ K.1.K.B.3c **Explore, through movement, the difference between slow and fast speeds** (e.g., walking and running…)	❏ K.1.K.B.3d **Explore moving in relation to objects** (i.e., around, under, over, near, far, in, out, through, on, off)	❏ K.1.K.C.1 **Follow the fundamental rules** (e.g., boundaries, roles, actions, verbal cues for stop, go, switch…) **used in simple games and activities** (e.g., cooperative tag games…)
K **B**	**K** **B**	**K** **B**	**K** **C**

K **Movement**	K **Movement**	K **Movement**	K **Movement**
❑ K.1.K.C.2 ❀ K.1.3.C.2 **Recognize movement vocabulary** (e.g., hop, skip, spin, deke, dodge, counter-clockwise...) **when following directions related to simple games and activities** (e.g., obstacle courses...)	❑ K.1.K.C.3 **Recognize the fundamental strategies of simple games/station activities** (e.g., aiming at a target, fleeing in a tag game, hitting an object with an implement, staying in boundaries…)	❑ K.1.K.C.4 **Discuss ways to play cooperatively and safely** (e.g., share equipment, follow directions, help others, be considerate…)	❑ S.1.K.A.1 **Travel safely using the basic transport skills** (i.e., running, hopping, galloping, jumping) **in general space** (e.g., gallop freely without bumping into others or falling…)
K C	K C	K C	S A

K	K	K	K
❏ S.1.K.A.2 **Explore the basic manipulation skills** (i.e., rolling, underhand throwing, catching, striking, bouncing, kicking) **in a variety of simple movement experiences** (e.g., throw a ball or bean bag underhand to an open space, strike a balloon with the hand…)	❏ S.1.K.A.3 **Explore static and dynamic balance** (i.e., stopping, starting) **in response to signals/cues/commands**	❏ S.1.K.B.1 **Explore basic movement skills** (i.e., transport, manipulation, balance) **and concepts** (i.e., body awareness, space awareness) **in simple individual/dual activities** (e.g., use transport skills while moving in relation with another student as in "follow the leader"…)	❏ S.1.K.B.2 **Explore basic movement skills** (i.e., transport, manipulation, balance) **and concepts** (i.e., body awareness, space awareness) **in simple group activities** (e.g., chasing/fleeing type games…)
S A	S A	S B	S B

K **Movement**	K **Movement**	K **Movement**	K **Movement**
❏ S.1.K.B.3 ❀ S.1.2.B.3 **Set up and manage own games** (e.g., skipping games, target games, hopscotch...)	❏ S.1.K.C.1 **Experience different ways of moving** (e.g., climbing, running, hopping…) **in a variety of play areas on the school grounds** (e.g., on playground equipment, hard-top area, grassy fields…)	❏ S.1.K.D.1 **Experience moving to different rhythms** (e.g., quick, slow…), **applying movement concepts** (e.g., body awareness, space awareness…) **in simple rhythmic activities** (e.g., creative movement, action songs/games…)	❏ S.1.K.D.2 **Explore the gymnastic movement patterns** (e.g., landings, statics, springs, rotations, locomotion, swings…) **in activities using large and/or small apparatus** (e.g., educational gymnastics, rhythmic sportive gymnastics…)
S B	S C	S D	S D