S2 K.1.S2.A.1 Analyze own level of performance of selected movement skills according to proper form/technique (e.g., use peer-coaching	S2 K.1.S2.B.1 Examine the factors (e.g., personal, environmental, prior experiences) that may have influenced own movement skill development.	S2 K.1.S2.B.2 Explain biomechanical principles (i.e., force, motion) for the improvement of specific movement skills in a physical activity selected by	S2 K.1.S2.B.3 Analyze movement concepts related to strategies for individual physical activities (e.g., body awareness in weight training for strength,
or video tape to analyze tennis serve for placement of toss, preparatory swing, transfer of weight, contact point, and follow-through).	own movement skin development.	self or others (e.g., keep head down in a golf swing, lean into the wind to reduce air resistance while cycling, rotate trunk and hips forward in batting).	body awareness in going up an incline in cross-country skiing).
K A	K B	K B	K B

S2	S2	S2	S2
□ K.1.S2.C.1 Demonstrate an understanding of rules (i.e., safety rules, game rules, etiquette, officiating signals) associated with selected sports while participating and/or officiating.	□ K.1.S2.C.2 Apply the terminology associated with the skills and rules for selected individual and dual activities/sports (e.g., forehand/backhand in badminton, bogie/par/birdie/eagle in golf).	□ K.1.S2.C.3 Analyze the effectiveness of offensive and/or defensive strategies in a variety of specific games and sport situations (e.g., analyze a team's strategies for strengths and weaknesses).	□ K.1.S2.C.4 Examine moral and ethical conduct in specific sport situations (e.g., intentional fouls in basketball, fighting in hockey).
K C	K C	K C	K C

S2	S2 5	S2 5	S2
□ S.1.S2.A.1 Select and refine transport skills, applying mechanical principles (i.e., force, motion, balance) related to activity-specific physical activity skills.	□ S.1.S2.A.2 Select and refine manipulation skills (e.g., serve, forehand stroke, dribble, receiving a pass), applying biomechanical principles (i.e., force, motion, balance) related to activity-specific physical activity skills.	□ S.1.S2.A.3 Select and refine balance abilities (i.e., static, dynamic), applying mechanical principles (i.e., force, motion, balance), using a variety of equipment (e.g., skates, skis, boards, stilts, pogo sticks) related to activity- specific physical activity skills.	□ S.1.S2.B.1 Apply and refine selected activity-specific movement skills and variations (e.g., running for long distance, dynamic balancing, double- polling, lunging, chipping, putting) in physical activities, including individual/dual type activities (e.g., cross-country skiing, golf, cycling).
S A	S A	S A	S B

S2	S2	S2	S2
□ S.1.S2.B.2 Apply and refine selected activity-specific movement skills (e.g., shooting) in physical activities, including team games using an implement (e.g., field hockey, lacrosse, ice hockey, bandy).	□ S.1.S2.B.3 Demonstrate the ability to keep score and/or officiate in selected organized sports (e.g., scoring in bowling, golf).	□ S.1.S2.C.1 Apply and refine selected activity-specific skills (e.g., balancing, turning, sculling, paddling) required in alternative pursuits (e.g., downhill skiing; canoeing, rowing, inline skating) indigenous to the geographic area.	□ S.1.S2.D.1 Respond and move to selected rhythms and tempos (e.g., 3/4 time waltz step, 3/4 time polka step) in a variety of rhythmic activities (e.g., social dances, folk dances, contemporary dances, figure skating, synchronized swimming, aerobics, rhythmic gymnastics, juggling).
S B	S B	S C	S D