APPENDICES

Appendix A: Curriculum Map for Grade 11 and Grade 12 Active Healthy Lifestyles

Appendix B: Grade 11 Active Healthy Lifestyles Curriculum Matrix

Appendix C: Specific Learning Outcomes for Grade 11 Active Healthy Lifestyles

Appendix D: Planning Guidelines for Physical Education/Health Education

Appendix E: Active Learning Strategies

Appendix F: Sample Assessment Tools and Checklists

Appendix G: Common Planning Tools and Forms