

Manitoba Report Card Grade Scale Physical Education/Health Education Achievement Profiles—Grades 1 to 8 (Draft)
Subject Category: Fitness Management

Category indicator	Extent to which the student is meeting grade-level* learning outcomes across the provincial report card grading scale				
	Not demonstrated (ND)	Limited (1)	Basic (2)	Good (3)	Very good to excellent (4)
Fitness Development Concepts: Demonstrates understanding and use of concepts related to fitness development.	Does not yet demonstrate the required understanding and application of concepts and skills.	Requires considerable, ongoing teacher support to explain and apply concepts related to fitness development.	Requires occasional teacher or peer support to explain and apply concepts related to fitness development.	Requires occasional prompting to describe or apply concepts related to fitness development.	Accurately describes and applies concepts related to fitness management.
Active Participation: Participates in fitness activities at a level that contributes to personal fitness development.		Rarely sustains continuous participation in activities at an individualized level that contributes to personal fitness.	Occasionally maintains continuous participation in activities at an individualized level that contributes to personal fitness.	Frequently maintains continuous participation in activities at an individualized level that contributes to personal fitness.	Consistently maintains continuous participation in activities at an individualized level that contributes to personal fitness.
Fitness Assessment: Demonstrates methods for assessing indicators of personal fitness.		Requires considerable, ongoing teacher support in assessing and monitoring personal fitness.	Requires occasional teacher or peer support in assessing and monitoring personal fitness.	Requires occasional prompting in assessing and monitoring personal fitness.	Accurately assesses and monitors personal fitness.
First Aid: Demonstrates use of safe practices related to injuries and first aid.		Requires considerable, ongoing teacher support to demonstrate skills related to care of injuries and first aid.	Requires occasional teacher or peer support to demonstrate skills related to care of injuries and first aid.	Requires occasional reminders to demonstrate skills related to care of injuries and first aid.	Consistently demonstrates skills related to care of injuries and first aid.

* Grades are based on what is developmentally appropriate for the time of year toward attaining end-of-grade learning outcomes or learning outcomes described in an individual education plan. References in the table to “support,” “prompt,” et cetera, do **not** refer to adaptations defined as “a change in the teaching process, materials, assignments or pupil products to assist a pupil to achieve the expected learning outcomes” (Manitoba Education and Training, www.edu.gov.mb.ca/k12/specedu/programming/adaptation.html).