

As a class, discuss the list of statements by responding to the following questions:

- Does the statement describe what you experience, witness or hear about?
- If you answered "no" to the above question, describe what happened, what you did (if anything) and how you felt.
- How should one respond to discrimination?

Complete a reflection journal entry.

1. My family or I can easily rent or buy affordable, decent housing in a safe neighborhood.
2. I can go shopping without drawing the unwanted attention of store security or clerks.
3. I can watch television or read a newspaper or magazine and see people like me represented in a positive way.
4. The contributions of my culture(s) are acknowledged in the histories of Canada and Manitoba.
5. I can easily buy music or food that is representative of my culture in most stores or malls.
6. People of authority whom I encounter are of my culture.
7. If a policeman stops me, it is not because of what I look like.
8. I See and/or hear my culture reflected in my school, classroom, learning activities, textbooks and other resources.

9. My shortcomings and problems are not attributed to my cultural background.
10. I feel welcome in public places such as libraries, malls, hospitals, schools, etc.